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Claims

- 1. A screening method for determining whether a compound is useful for treating, stabilizing, or preventing a condition in a mammal selected from the group consisting of a higher than desired total body weight and a higher than desired percentage of body fat, said method comprising measuring VEGFR1 activity in a cell, tissue, or mammal in the presence and absence of said compound, whereby said compound is determined to treat, stabilize, or prevent said condition if said compound decreases VEGFR1 activity.
- 2. The method of claim 9, wherein said compound is a member of a library of at least 5 compounds, all of which are simultaneously administered to said cell, tissue, or mammal.
- 3. The method of claim 9, wherein said compound decreases the level of VEGFR1 mRNA or protein, an activity of VEGFR1, the half-life of VEGFR1 mRNA or protein, or the binding of VEGFR1 to a receptor or to another molecule.
- 4. The method of claim 9, wherein said compound is an anti-VEGFR1 antibody.
- 5. The method of claim 9, further comprising administering said compound to a mammal in need of said treatment.
 - 6. The method of claim 5, wherein said mammal is obese.
- 7. The method of claim 5, wherein the percentage of body fat in said mammal decreases by at least 10%.

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9. A method of treating, stabilizing, or preventing a higher than desired total body weight or a higher than desired percentage of body fat in a mammal, said method comprising administering to said mammal a compound that decreases VEGFR1 activity in an amount sufficient to treat, reduce, or prevent a higher than desired total body weight or a higher than desired percentage of body fat.

- 10. The method of claim 9, wherein said compound decreases the level of VEGFR1 mRNA or protein, an activity of VEGFR1, the half-life of VEGFR1 mRNA or protein, or the binding of VEGFR1 to a receptor or to another molecule.
- 11. The method of claim 9, wherein said compound is an anti-VEGFR1 antibody.
- 12. The method of claim 9, wherein said compound inhibits angiogenesis in said mammal.
- 13. The method of claim 9, wherein said compound inhibits differentiation of preadipocytes in said mammal.
- 14. The method of claim 9, wherein at least two compounds that decrease VEGFR1 activity are administered to said mammal.
- 15. The method of claim 9, wherein said compound is administered intravenously, parenterally, subcutaneously, intramuscularly, ophthalmicly, intraventricularly, intraperitoneally, orally, topically, or intranasally to said mammal.

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16. The method of claim 9, further comprising administering a compound that inhibits angiogenesis to said mammal.

- 17. The method of claim 9, further comprising administering a compound that inhibits VEGF signaling to said mammal.
 - 18. The method of claim 9, wherein said mammal is obese.
- 19. The method of claim 9, wherein the percentage of body fat in said mammal decreases by at least 10%.
 - 20. The method of claim 9, wherein said mammal is a human.

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